

SSRC Picayune



A Big Thank You to Our Landscaping Volunteers!

Our heartfelt thanks go out to everyone who came out to South Shore on Saturday, May 30, to help spruce up our grounds. We got started around 10 a.m., and thanks to the hard work of our volunteers, we accomplished a tremendous amount.

Volunteers planted beautiful flowers, weeded the flower beds, and trimmed overgrown tree branches that had begun blocking several parking spaces. Their time and effort have made a noticeable difference, and the club looks more welcoming than ever.

To help keep everyone fueled throughout the morning, volunteers were served energy in the form of donuts and bagels, followed by pizza for lunch.

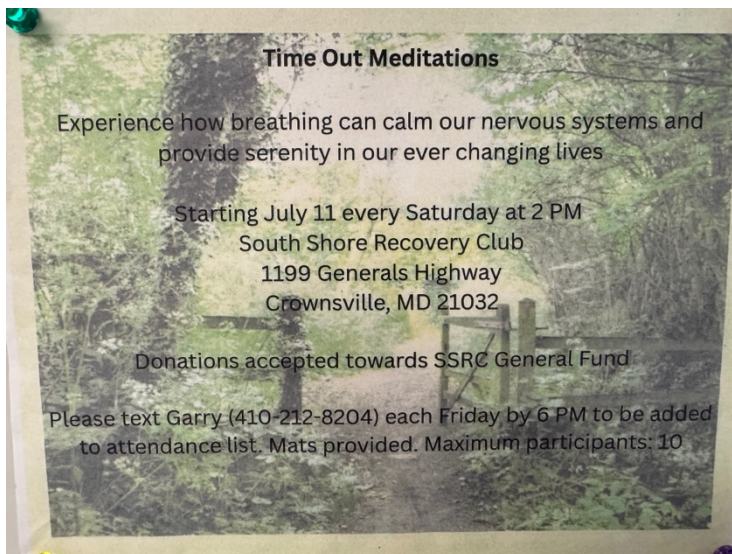
We would like to extend a special thank you to those who generously donated their time and energy: **Garry A., Jack A., Bob A., Alex D., Nick D., Jamie F., Mike G., Steve H., Erica J., Linda P., and Sean S.**

We'll be hosting another landscaping day this fall to pull up the annual flowers, weed the gardens, cut back the ornamental grasses, and plant mums. If you'd like to lend a hand, watch for more information in a future newsletter, or reach out to the board at board.southshorerecoveryclub@gmail.com or through the club's website. We'd love to have your help!

Everyone's willingness to give back to South Shore is greatly appreciated. Thank you for helping keep our clubhouse and grounds looking their best.



New Meeting at the Club: Time Out Meditations



Take a break from the busyness of life and discover a new way to experience serenity.

Time Out Meditations is a new meeting at South Shore that combines meditation and mindful breathing to help calm our nervous systems and bring peace to our ever-changing lives. Whether you're new to meditation or have practiced before, all are welcome.

When: Saturdays at 2 p.m.

Where: Large Back Room (please use the door on the right side of the building to enter)

For more information, please text **Garry** at **410-212-8204**.

Come as you are, take a deep breath, and give yourself the gift of a little time out.

Second Annual Pork Run to Philly!



Get ready for another day of **fellowship, fun, and fantastic food!** Join us on **Saturday, August 1, 2026**, as we head to **John's Roast Pork** in Philadelphia—home of some of the best roast pork sandwiches around.

Can't make the trip? No problem! We'll be bringing sandwiches back to South Shore for anyone who would like to enjoy some great food!

Advance orders are required and must be received by Wednesday, July 29, so be sure to place your sandwich order ahead of time. Order sheet with menu details, pricing, and approximate pickup time is available at the club.

We'd love to have you ride along to be part of another memorable Pork Run! Whether you're riding along for the adventure or ordering food to have later, it's a great opportunity to enjoy great food and support the club.

If you'd like more information, please contact **Jim F.** at **410-693-0832**.

A Friendly Reminder About Meeting Etiquette

Our club belongs to all of us, and keeping it clean, safe, and welcoming is a shared responsibility. As you wrap up your meeting, please take a few extra minutes to leave the space ready for the next group.

Before you leave, please remember to:

- Throw away all coffee cups and other trash.
- Wash any coffee pots and cups that were used, and place them in the dish drainer.
- Dispose of used coffee grounds.
- Turn off the coffee maker, and never leave an empty coffee pot sitting on a burner that is still turned on.
- Turn off all lights and ceiling fans.
- If you are the last person leaving the building, please make sure the alarm is set before you exit.

These simple tasks only take a few minutes, but they help keep our clubhouse clean, safe, and enjoyable for everyone. Thank you for doing your part and helping us take pride in our shared home.



SSRC is a non-smoking, non-vaping facility.

If you smoke, please use the smoker's outpost in the designated smoking area of the club. Please do not throw your butts on the ground, and please help to keep our grounds clean by picking up any butts you might see. If you smoke or vape inside, you will be asked to leave the building. Thank you.

South Shore Recovery Club

1199 Generals Highway, Crownsville, MD 21032

Memberships accepted at <https://southshorerecoveryclub.com>

Facebook: <https://www.facebook.com/groups/1355820725393710>

Email the board: board.southshorerecoveryclub@gmail.com (or through the website)

2026 Board Slate

Name	Phone	Email	Position
Tim Chaffman	(410) 262-4399	chaffmant@gmail.com	Maintenance
Alex Dzambasow	(443) 924-0031	agdzambasow@gmail.com	Supplies
Jim Ford	(410) 693-0832	Jyford2@gmail.com	
Erica Jones	(443) 517-8225	jones.eric1030@gmail.com	Secretary
Mary McKaig	(301) 325-4719	maryemckaig@gmail.com	President; Newsletter; Co-Treasurer
Dan Morrissey	(410) 999-5667	dgmorrissey@gmail.com	Development; Fundraising; Co-Treasurer
Rob Platter	(410) 953-9695	Robert.Platter@gmail.com	Key Cards & Security
Linda Plattner	(443) 254-8096	Linda.Plattner@gmail.com	
Chris Swekel	(410) 212-8922	chris.swekel.ssrc@gmail.com	Vending Machine

Upcoming Anniversaries – Congratulations, All!

Name	Years	Date/Time	Meeting Name
Bryan W	8 years	Sun, Jul 19, 7:00 p.m.	We Do Recover
Jay F	45 years	Sun, Aug 16, 9:00 a.m.	Happy Sunday

Recent Anniversaries – Congratulations, All!

Name	Years	Date	Meeting Name
Meriliza	8 years	Sat, May 23	All Inclusive
Dan N	1 year	Mon, Jun 1	AA for Atheists & Agnostics
Laura M	9 years	Thu, Jun 5	Serenity at Seven
Ricky C.	33 years	Sat, Jun 6	Serenity at Seven
Glenn	36 years	Wed, Jun 10	Serenity at Seven
Erica J	9 years	Thu, Jun 11	Serenity at Seven
Doug C	3 years	Tue, Jul 7	Big Book Study
Jim F	2 years	Thu, Jul 9	Serenity at Seven
Laura A.	40 years	Tue, Jul 14	Big Book Study
Rob F	6 years	Thu, Jul 16	The Third Tradition

If you'd like to have a group member's anniversary featured in an upcoming edition of the newsletter, please send the relevant details to MaryMcKaig.

Fellowship Events and Announcements



Bay Area Special Events of NA Spiritual Breakfast

Saturday, July 25, 2026
10 a.m. – 1 p.m.
Speaker at 11:30 a.m.

8015 Fort Smallwood Road
Orchard Beach, MD. 21226

Tickets are \$20/person in advance

Info: Taylor 301-651-1749, Tommy 443-858-2953, Frances 571-245-3994

Come fellowship and have a wonderful breakfast!



Tri-County Area Special Events of NA Kickball

Saturdays, July 25 and August 1, 2026
6:30 – 10:30 p.m.
Hallowing Point Park in Calvert – Field 1

Food will be sold at the game!

We will pick captains and make the teams as people arrive.

Call Ashley B at 240-419-9770 for more details.

Fellowship Events and Announcements (continued)

Tri-County Area of NA brings you Unity Picnic

Saturday, August 22, 2026
11 a.m. – 5 p.m.
Speakers around 12 p.m.

Kings Landing Park
13255 Kings Landy Road
Huntingtown, MD 20639

Picnic Fun | Food for Sale (drinks on us)
Fishing/Hiking | Speakers | Pool at Cost



Bay Area Special Events of NA Sandy Point Picnic!

Saturday, August 30, 2026
11 a.m. – Dusk

Sandy Point State Park (Osprey Area)

1100 E College Parkway
Annapolis, MD. 21409

Food & Drinks | Fellowship | Games | Speaker

Tickets are \$20/person and must be purchased in advance. Your ticket to the picnic is your reservation to get in the park.

(In addition, the park charges \$5/person to enter.)

Info: Taylor 301-651-1749, Tommy 443-858-2953, Frances 571-245-3994

Fellowship Events and Announcements (continued)



Free State Regional Convention of NA (FSRCNA) XXXII Lost Dreams Awaken

November 27-29, 2026
Hyatt Regency Inner Harbor
300 Light Street
Baltimore, MD 21202

Subcommittees have formed:
Programming, Merchandise, Registration, Entertainment, Convention Information & Hospitality

All subcommittees meet virtually via Zoom.

If you are interested and willing to be of service, please reach out via email to freestateconvention@gmail.com for specific subcommittee information.

Registration is now open! Visit: <https://fsrcna-xxxii-2026.square.site>

Events at Club 164

(<https://www.club164.org/events>)

Game Night

Friday, July 17, 7:00 p.m.

Join us for game night or sign up for the spades tournament!

Movie Night

Saturday, July 18, 7:00 p.m.

It's movie night! Join us for a special showing of No Time to Die. As always, our movies are free to attend and concessions will be available for purchase.

Pasta Dinner

Friday, July 24, 4:30 p.m.

Stop by for pasta dinner at 4:30 p.m. Choose from spaghetti marinara (\$12) or shrimp alfredo (\$17). Gluten-free options available!

Bingo Night!

Friday, July 24, 7:00 p.m.

It's Bingo night! Join us for great fun and even better prizes! \$20 all-in.

Open Mic Night

Friday, July 31, 7:00 p.m.

Open mic night featuring incandescent lighting.

June and July Steps & Traditions

Alcoholics Anonymous Steps 6 & 7 and Traditions 6 & 7:

Step 6 – “Were entirely ready to have God remove all these defects of character.”

Tradition 6 – “An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.”

Step 7 – “Humbly asked Him to remove our shortcomings.”

Tradition 7 – “Every AA group ought to be fully self-supporting, declining outside contributions.”

Chemically Dependent Anonymous Steps 6 & 7 and Traditions 6 & 7:

Step 6 – “We were entirely ready to have God remove all these defects of character.”

Tradition 6 – “A CDA group ought never endorse, finance, or lend the CDA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.”

Step 7 – “We humbly asked Him to remove our shortcomings.”

Tradition 7 – “Every CDA group ought to be fully self-supporting, declining outside contributions.”

Narcotics Anonymous Steps 6 & 7 and Traditions 6 & 7:

Step 6 – “We were entirely ready to have God remove all these defects of character.”

Tradition 6 – “An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.”

Step 7 – “We humbly asked Him to remove our shortcomings.”

Tradition 7 – “Every NA group ought to be fully self-supporting, declining outside contributions.”

Overeaters Anonymous Steps 6 & 7 and Traditions 6 & 7:

Step 6 – “Were entirely ready to have God remove all these defects of character.”

Tradition 6 – “An OA group ought never endorse, finance, or lend the OA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.”

Step 7 – “Humbly asked Him to remove our shortcomings.”

Tradition 7 – “Every OA group ought to be fully self-supporting, declining outside contributions.”

Secular AA Steps 6 & 7 and Traditions 6 & 7:

Step 6 – “Were ready to accept help in letting go of all our defects of character.”

Tradition 6 – “An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.”

Step 7 – “Humbly sought to have our shortcomings removed.”

Tradition 7 – “Every AA group ought to be fully self-supporting, declining outside contributions.”

Sex Addicts Anonymous Steps 6 & 7 and Traditions 6 & 7:

Step 6 – “We’re entirely ready to have God remove all these defects of character.”

Tradition 6 – “An SAA group ought never endorse, finance, or lend the SAA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.”

Step 7 – “Humbly asked God to remove our shortcomings.”

Tradition 7 – “Every SAA group ought to be fully self-supporting, declining outside contributions.”

Meeting Schedule

(updated 7/1/2026)

Day	Meeting Name	Time	Group
Sunday	Happy Sunday	9:00 AM	AA
	Page 30	10:30 AM	AA
	Sunday Four South Shore Group	4:00 PM	AA
	We Do Recover	7:00 PM	NA
	Bay Area NA Hospitals & Institutions Subcommittee (last Sunday of the month; large back room)	7:00 PM	NA
Monday	Serenity at Seven	7:00 AM	AA
	AA for Atheists & Agnostics (large back room)	6:00 PM	AA
	Sharing and Caring	6:30 PM	CDA
	Serenity Circle*	7:30 PM	SAA*
Tuesday	Serenity at Seven	7:00 AM	AA
	Grapevine	5:30 PM	AA
	Big Book Study	7:00 PM	AA
	Left to our own Devices* (large back room)	8:30 PM	SAA*
Wednesday	Emotional Sobriety	6:00 AM	AA
	Serenity at Seven	7:00 AM	AA
	Emotional Sobriety: The Next Frontier	12:00 PM	AA
	The Hatchery	7:00 PM	AA
Thursday	Serenity at Seven	7:00 AM	AA
	Emotional Sobriety Too	5:30 PM	AA
	Bay Area NA Public Relations Subcommittee (second Thursday of the month; large back room)	6:30 PM	NA
	The Third Tradition	7:30 PM	NA
Friday	Serenity at Seven	7:00 AM	AA
	Straight from the Heart	7:00 PM	CDA
Saturday	Serenity at Seven	7:00 AM	AA
	Women's Voice	10:00 AM	AA
	Overeaters Anonymous	1:00 PM	OA
	Time Out Meditations (large back room)	2:00 PM	AA
	All Inclusive	4:00 PM	AA
	Going to Any Lengths	7:30 PM	AA

All meetings are open *except where noted*

AA = Alcoholics Anonymous | **CDA** = Chemically Dependent Anonymous**NA** = Narcotics Anonymous | **OA** = Overeaters Anonymous | **SAA** = Sex Addicts Anonymous

If you are interested in starting a meeting at SSRC, please visit:

<https://southshorerecoveryclub.com/ssrc/contact.aspx> or scan this code: